

SUPPORT MENTAL HEALTH AND WELLNESS FOR ELEMENTARY STUDENTS

One out of every seven U.S. children aged 2 to 8 years have a diagnosed mental, behavioral, or developmental disorder.¹ Cameron Gallagher was a bright and talented young girl battling depression and anxiety. Cameron's dream was to raise awareness and erase the stigma about these topics. At the tender age of 16, she suddenly passed away from an undiagnosed heart condition.

Recognizing the dire need for solutions to support all students' mental health and wellness, Gale's team of teachers partnered with the Cameron K. Gallagher (CKG) Foundation to curate Cameron's Camp for Wellness. It has over 100 eBooks that provide targeted resources and guidance for elementary students, teachers, and counselors. Together, we can provide private, age-appropriate mental health resources and guidance to support children and teens like Cameron.

1. Centers for Disease Control and Prevention, 2018.



SUPPORT KIDS AND MENTAL HEALTH WITH GALE eBooks

RAISE AWARENESS AND PROMOTE MENTAL HEALTH

Mental health matters for children, especially as they deal with big changes. The starting point to helping kids cope in a healthy way is making sure they feel secure and confident to speak up about their emotions. Cameron's Camp for Wellness on *Gale eBooks* helps promote mental health in elementary schools and gives kids a safe place to explore.

INTEGRATE INTO CURRICULUM WITH EASE

With the rise of mental health issues and the desire to add more support into instruction, teachers are doing the heavy lifting and can feel overburdened. Mental health interventions that are integrated into a regular curriculum are most effective. Fortunately, this digital collection makes that not only possible but seamless.

PROVIDE A WIDE RANGE OF TOPICS

The titles in Cameron's Camp for Wellness span a wide range of topics, including social skills such as sharing, being honest, and teamwork; recognizing emotions; learning how to communicate about sensitive issues; and more. The collection also includes titles about society and civic engagement to encourage kids to make a positive impact in their communities.

more 

FIND OTHER COLLECTIONS THAT SUPPORT STUDENT MENTAL HEALTH

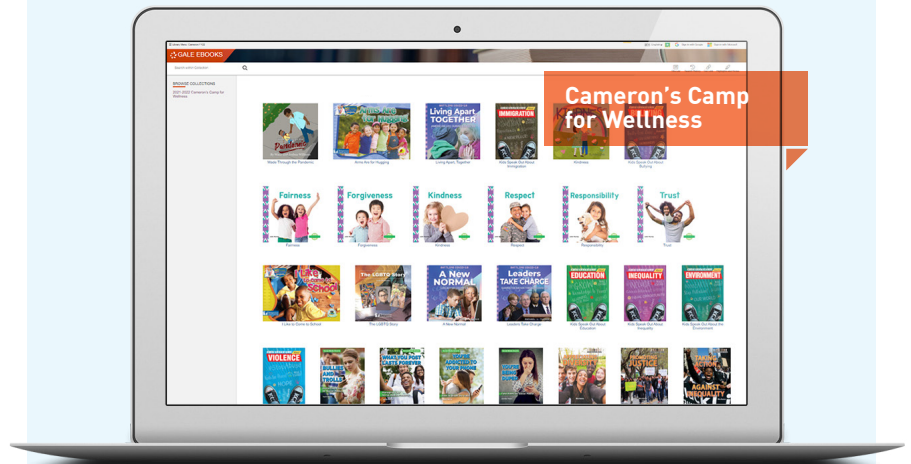
Cameron's Collection—Designed for older students in middle and high school, this collection helps teens cope with everyday stressors and stay in the present moment with mindfulness techniques and other practical tips. Created with the Cameron K. Gallagher Foundation, this collection of over 100 eBooks will also help students who are affected by mental illness and inspire them to seek help.

Mental Health—This is a great add-on collection for those who have Cameron's Collection. It covers topics such as depression, anxiety, post-traumatic stress disorder, family issues, drug and alcohol abuse, sexual violence, relationships, and more.

Digital and Media Literacy—Built on the nine elements of digital citizenship by Mike Ribble, this collection covers digital access, commerce, communication, literacy, etiquette, law, rights and responsibilities, health and wellness, and security.

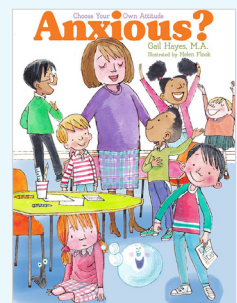
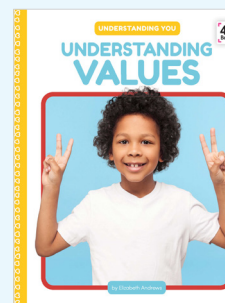
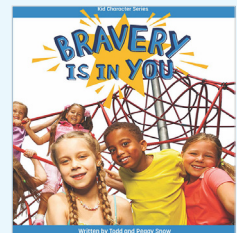
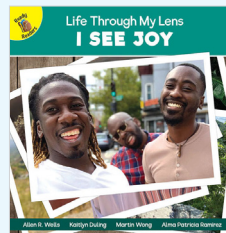
PROVIDE MENTAL HEALTH RESOURCES FOR EDUCATORS

Educator Mental Health is just as important as student mental health. Gale partners with several publishers to provide authoritative content on topics such as school counseling, grief, and bullying. Give educators the tools they need to prioritize their self-care and address sensitive topics with *Gale eBooks: Professional Learning* collections. Each digital collection brings together 10–50 cross-searchable titles featuring renowned authors from ASCD, Corwin Press, ISTE, Solution Tree, and more.



Product screen capture as of February 2024. Actual interface may vary.

NEW TITLES TO SUPPORT MENTAL HEALTH



WHY WAIT?

CONTACT YOUR GALE EDUCATION CONSULTANT FOR A DEMO OR QUOTE TODAY

